

Date :

Time :

Location :

(sub/bottom)Name/Nickname :

Gender :

Age/DOB :

Allergies/Medication :

Current Health Condition(physical / mental) :

Next of Kin / Emergency Contact – Name & number(s) :

Safe Call in place ? (both parties / if needed)

(Mobile Phone to hand ?)



Dom/Top Name/Nickname :

Safeword(s) / Traffic Lights :

Hard Limit(s)(NO) :



Area(s) of Play :

Time Limit (y/n) :

Likes :

Dislikes :

Notes :

When Playing Please remember safety equipment (e.g such as EMT shears and a backup when using rope)

Agreed by all parties involved. Initial individually.

Total no. ___ D/T : D/T : D/T :

Total no. ___ s/b :

Guidance Notes for this document:

Date and Location are used to specify when and where you were.

Names are used to inform you who you've played with

Age / DOB, allergies, medication and next of kin/emergency contact is recorded in the remote event of a serious injury, that would need emergency services (e.g 999, 911,112)

Current Health condition (physical / mental) is to help you both play more safely, and to encourage awareness that may be important for a play session.

Safe Call is a random timed call from a friend that knows where you are going, especially if you are going to meet someone new. Used for both Tops and bottoms.

The yellow and black striped area, is a reference point, so if needed can be referred to. It also helps ensure limits have been discussed and if safe words both verbal and non-communicative have been agreed.

The rest of the form is again designed to encourage awareness of many things, so you can have a great scene.

The footer is perhaps a bureaucratic measure, but could be adapted as a legal document if it was signed, printed and dated.

Who knows what the future brings...

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Total no. ___ s/b :